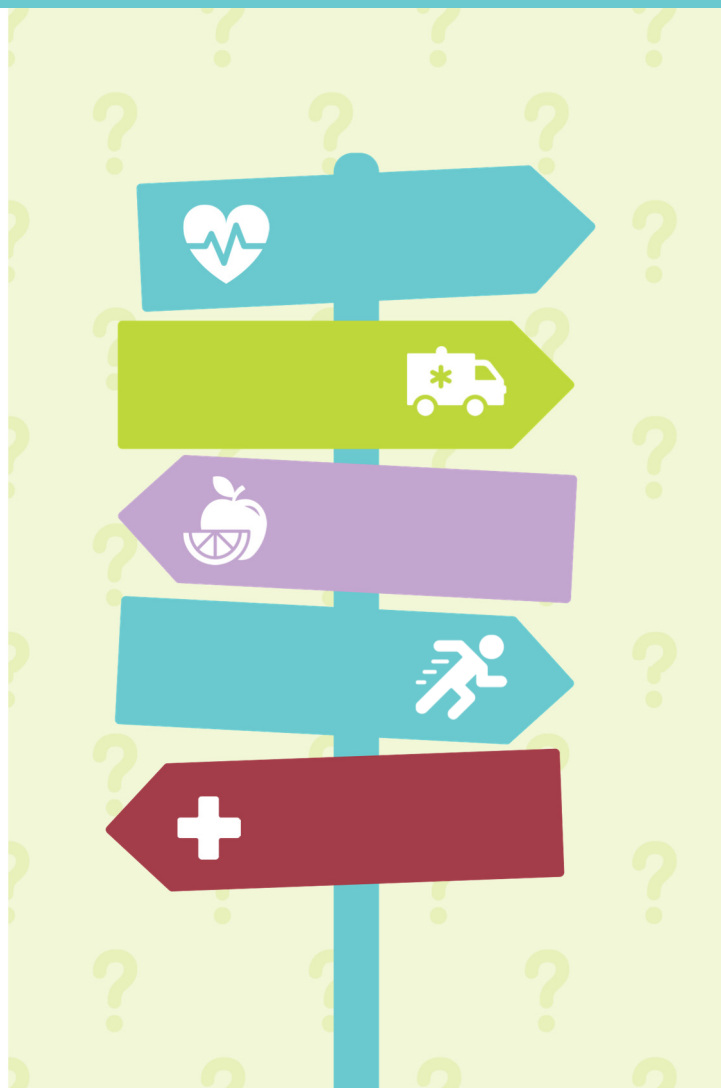


WHAT CAN SENA HEALTH DO FOR ME?

Sena Health is a just-for-you service that makes getting healthier and connecting to healthcare easier. 24/7/365 you can talk to a live Health Coordinator who will tailor Sena Health's capabilities to your needs. Healthcare made simple – finally!

A Health Coordinator will help you in situations such as:

- I'm not feeling well. Where can I go?
- How do I pick a Primary Care Provider that's right for me?
- How do I avoid surprise charges and expenses?
- I need to make lifestyle changes to get healthier. Where can I find help that works?
- I am **VERY** stressed. Where can I find help and support?
- We're having trouble getting pregnant. Where can I go for help?
- I just had surgery and have questions about how to heal. Who can help me?
- I'm supposed to go to the hospital to get IV medications. Is there a simpler way?
- I want to lose weight. What works?



Please note: Sena Health is available to help you with healthcare support and care coordination. If you have a claim or billing issue, or questions about your benefit plan design, the Benefits Advocacy team is available to help you. Simply call **844.577.2616** or email **cssteam@connerstrong.com**.