

# Lucent Health Tips:

## Your Guide to Smarter Health Benefits

### You've got Teladoc.

Talk to a doctor anytime, anywhere by phone or video.



#### Comprehensive care

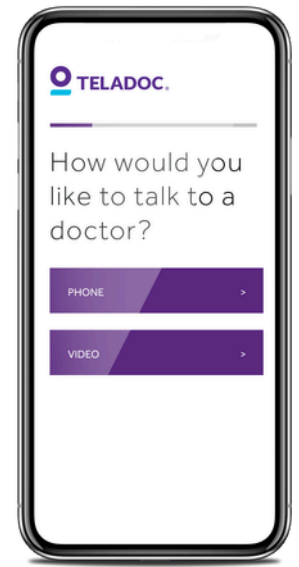
Teladoc can resolve a broad array of needs, including general medical services, behavioral healthcare, dermatology, and more.

#### Convenience

Members have 24/7 access by web, phone, or our award-winning mobile app.

#### Clinical quality

The U.S. board-certified physicians in our network have an average of 20 years' experience and deliver the highest quality care.



**Set up your account today to talk to a U.S.-licensed physician for non-emergency medical conditions like the flu, sinus infections, bronchitis, and much more.**

**Scan this QR code to register your account!**



#### Create account

Use your phone, the app, or the website to create an account and complete your medical history



#### Talk to a doctor

Request a time and a Teladoc doctor will contact you



#### Feel better

The doctor will diagnose symptoms and send or refill a prescription if necessary

**Download the app, call 1-800-TELADOC (835-2362), or visit [Teladoc.com](http://Teladoc.com) to talk to a doctor.**